



the kitchen grill

Coffee Bar & Health Oasis

Muffin	R 16
Assorted Sandwich	R 32
Deli & Whole Wheat Roll	R 35
Low GI	R 35
Yoghurt and Fruit Salad	R 35
Filled Croissant	R 36
Filter Coffee	R 17
Tea	R 13
Cappuccino	R 22
Hot Chocolate	R 22

The Grill Menu

Bacon, Egg & Cheese Roll	R 37
Hot Dog	R 32
Cheese Dog	R 38
Beef and Chicken Burger	R 43
Beef and Chicken Cheese Burger	R 49
Boerewors Roll	R 35
Prego Roll – Chicken / Beef	R 49
French Fries or Side Salad	R 20
Meal of the Day	R 85
Carvery of the Day	R 85
Gourmet Burger Selection	R 66
Gourmet Sausage Selection	R 46 – 54
Salad bar	R 30– 43
Pulled Pork / Chicken Rolls	R 50

Beverages

Cold Drinks 330 ml	R 17
Cold Drink 500 ml	R 20
Powerade	R 22
Mineral Water	R 16
Iced Tea	R 22
Fresh Fruit Juice	R 24
Local Beers	R 22 - 27
Spirit Coolers / Imported Beers	R 27 - 32
Wine by the glass	R 33
Wine by the bottle	R 110
Craft Beer Draught 500ml	R 40

Chip n' Dip

Midi or Maxi	R 26 / 30
Nuggets & Chips	R 44

Mini Doughnuts

Doughnuts	R 26
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Halaal Kiosk

Curry & Rice with Salad	R 59
Roti and Mince with Salad	R 48
Toasted Sandwiches	R 33 - 47
Chicken Roll	R 48
Beef Burger	R 43
Veggie Burger	R 42
Russian Roll	R 37
Chicken Strips with Mozarella	R 49
Samosas (3)	R 24

Shwarma Grill

Beef	R 65
Chicken	R 65
Falafel	R 48
Hand Made Chips	R 25

FROTH Smoothies and Infused Juices

Smoothies, Latte's & Frappe'	R 36 - 40
Infused Juice	R 25 - 30

Snack Stop & Ice Cream

Simba Crisps	R 9
Peanuts	R 6
Chocolates	R 10 -15
Assorted Sweets and Candies	R 8 - 20
Ice Cream Assorted	R 18 - 25
Biltong and Dry Wors	R 35

Hot and Spicy Curry Den

Chicken or Beef Curry and Rice	R 79
Chicken or Beef Bunny Chow	R 79
Vetkoek and Savory Mince	R 46
Roti with Chicken or Beef Curry	R 50
Samoosa	R 8

Bubble Tea

Selection of Fruit Flavoured Teas's	R 40
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Caramelised Nuts

Cashew / Macadamia / Brazil and Pecan Nuts Roasted in Vanilla and Caramelised Sugar	R 20 - 50
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