

# the kitchen grill



## Coffee Bar & Health Oasis

Muffin	R 18
Assorted Sandwich	R 38
Deli & Whole Wheat Roll & Low GI	R 42
Milkshakes	R 42
Filled Croissant	R 42
Filter Coffee	R 22
Tea	R 15
Cappuccino	R 26
Hot Chocolate	R 26

## The KitchenGrill Menu

Bacon, Egg & Cheese Roll	R 43
Hot Dog	R 39
Cheese Dog	R 45
Beef and Chicken Burger	R 48
Beef and Chicken Cheese Burger	R 54
Boerewors Roll	R 40
Prego Roll – Chicken / Beef	R 56
French Fries	R 24
Meal of the Day	R 98
Pasta of the Day	R 98
Carvery of the Day	R 98
Gourmet Burger Selection	R 76
Gourmet Sausage Selection	R 54
Salad bar	R 35

## Southern BBQ Menu

Slow Roasted Pulled Pork Rolls	R 60
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## Poncho's Mexican Taco Menu

Beef / Chicken & Veggie Taco's	R 65 – 70
Nachos Plain / Beef / Chicken	R 65

## Beverages

Cold Drinks 300 ml / 440ml	R 20 - 22
Powerade / Iced Tea	R 25
Mineral Water	R 19
Fresh Fruit Juice	R 28
Local Beers	R 28 - 35
Spirit Coolers / Imported Beers	R 33 - 38
Wine by the bottle	R 130

## Snack Bar

Chip N Dip - Midi or Maxi	R 28 / 32
Doughnuts	R 30

**Pricing and Menu Items may change  
without prior notice**

## Halaal Kiosk

Curry & Rice with Salad	R 70
Roti and Mince with Salad	R 58
Toasted Sandwiches	R 35 - 55
Chicken Roll	R 55
Beef Burger	R 48
Veggie Burger	R 48
Russian Roll	R 43
Chicken Strips with Mozarella	R 56
Samosas (3)	R 28

## ANAT

Beef Shwarma	R 75
Chicken Shwarma	R 72
Lamb Shwarma	R 90
Falafel	R 55
Hand Made Chips	R 25

## FROTH Smoothies and Infused Juices

Smoothies, Latte's & Frappe'	R 40 - 50
Infused Juice	R 35 - 45

## Snack Stop & Ice Cream

Simba Crisps	R 10
Peanuts	R 6
Chocolates	R 10 - 16
Assorted Sweets and Candies	R 10 - 20
Ice Cream Assorted	R 20 - 28
Biltong and Dry Wors	R 38

## Hot and Spicy Curry Den

Chicken or Beef Curry and Rice	R 90
Chicken or Beef Bunny Chow	R 90
Vetkoek with Curry	R 70
Roti with Chicken or Beef Curry	R 65
Samoosa	R 10

## Bubble Waffle

Design our Own Decadent Waffle	R 60
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## Bubble Tea

Selection of Fruit Flavored Teas'	R 40 - 45
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## Caramelised Nuts

Cashew / Macadamia / Brazil and Pecan Nuts Roasted in Vanilla and Caramelised Sugar	R 30 - 50
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