



the kitchen grill

Coffee Bar & Health Oasis

Muffin	R 15
Assorted Sandwich	R 29
Deli & Whole Wheat Roll	R 33
Low GI	R 32
Filled Wraps	R 35
Filled Croissant	R 34
Filter Coffee	R 16
Tea	R 12
Cappuccino	R 20
Hot Chocolate	R 22

The Grill Menu

Bacon, Egg & Cheese Roll	R 35
Hot Dog	R 30
Cheese Dog	R 35
Beef and Chicken Burger	R 38
Beef and Chicken Cheese Burger	R 43
Boerewors Roll	R 34
Steak Roll	R 46
French Fries or Side Salad	R 16
Meal of the Day	R 79
Carvery of the Day	R 79
Stir Fry	R 68
Gourmet Burger Selection	R 62
Gourmet Sausage Selection	R 44 - 50
Gourmet Vetkoek	R 45
Salad bar	R 28 - 40

Beverages

Cold Drinks 330 ml	R 16
Cold Drink 500 ml	R 18
Powerade	R 20
Mineral Water	R 15
Iced Tea	R 20
Fresh Fruit Juice	R 23
Local Beers	R 21
Spirit Coolers / Imported Beers	R 25
Red Wine	R 28
White Wine	R 26

Chip n' Dip

Midi or Maxi	R 24 / 28
Nuggets, Sausages and Mushrooms	R 40

Mini Doughnuts

Doughnuts	R 25
-----------	------

Halaal Kiosk

Curry & Rice with Salad	R 55
Roti and Mince with Salad	R 44
Toasted Sandwiches	R 30 - 44
Chicken Roll	R 44
Beef Burger	R 38
Veggie Burger	R 38
Russian Roll	R 35
Chicken Strips with Mozzarella	R 47
Samosas (3)	R 20
Fish and Chips	R 45

ANAT - Shwarma's

Beef	R 60
Chicken	R 60
Falafel	R 45
Hand Made Chips	R 20

FROTH Smoothies and Infused Juices

Smoothies, Latte's & Frappe'	R 34 - 38
Infused Juice	R 23 - 28

Snack Stop & Ice Cream

Simba Crisps	R 9
Peanuts	R 6
Chocolates	R 10 - 15
Assorted Sweets and Candies	R 8 - 20
Ice Cream Assorted	R 18 - 25
Biltong and Dry Wors	R 35

Hot and Spicy Curry Den

Chicken or Beef Curry and Rice	R 70
Chicken or Beef Bunny Chow	R 70
Vetkoek and Savory Mince	R 45